PART 4 Questions 31–40

Complete the notes below.

Write ONE WORD ONLY for each answer.

Stoicism	
Stoi	cism is still relevant today because of its 31 appeal.
Ancient Stoics	
•	Stoicism was founded over 2,000 years ago in Greece.
•	The Stoics' ideas are surprisingly well known, despite not being intended for 32
Stoic principles	
•	Happiness could be achieved by leading a virtuous life.
•	Controlling emotions was essential.
•	Epictetus said that external events cannot be controlled but the 33people make in response can be controlled.
•	A Stoic is someone who has a different view on experiences which others would consider as 34
The influence of Stoicism	
•	George Washington organised a 35 about Cato to motivate his men.
•	The French artist Delacroix was a Stoic.
•	Adam Smith's ideas on 36were influenced by Stoicism.
•	Some of today's political leaders are inspired by the Stoics.
•	Cognitive Behaviour Therapy (CBT)
	- the treatment for 37 is based on ideas from Stoicism
	- people learn to base their thinking on 38
•	In business, people benefit from Stoicism by identifying obstacles as 39
Relevance of Stoicism	
•	It requires a lot of 40 but Stoicism can help people to lead a good life.
•	It teaches people that having a strong character is more important than anything else.